

## EXPAND AND PRACTISE YOUR SKILLS

### Task 1

Talk about a basic facial.

### Task 2

Talk about skin type-related differences between facials.

### Task 3

Imagine you are Sandra. Talk about your morning client.

## Dialogue 1



Listen to a dialogue between a client (C) and a beauty therapist (B). Complete the dialogue with the missing words or phrases.

- C: My friend has told me about microdermabrasion. She is all excited about it. Do you offer it?
- B: Well... Yes, we do.
- C: Do you think it could do me good? I'd like to do something about these brown spots, broken capillaries and wrinkles.
- B: It might. It's a very ....., ..... procedure. Some call it "the lunch time peel". It ..... and side effects are .....
- C: What about the .....? How many treatments will I need?
- B: The results are seen ..... You'll need ..... sessions. The ..... treatments are performed ....., the following every ..... month.
- C: Are the treatments long?
- B: It ..... on the area treated. Typically, they take ..... minutes.
- C: Isn't it an invasive technique?
- B: By no means! It's a ..... and ..... skin abrasion. The procedure involves the use of aluminium oxide microcrystals.

## Vocabulary

capillary – naczynie włosowate  
relatively painless – stosunkowo bezbolesny  
to call – nazywać  
it doesn't take long – to nie zajmuje dużo czasu  
side effects – skutki uboczne  
result – wynik, rezultat  
immediately – natychmiast  
weekly – co tydzień  
by no means – bynajmniej  
safe – bezpieczny  
to utilise – wykorzystywać  
aluminium oxide – tlenek glinu  
to propel – wyrzucać  
at high speed – z dużą szybkością  
to abrade – ścierać  
expensive – drogi  
in addition – ponadto  
expense – wydatek  
spread in time – rozłożone w czasie

They are propelled ..... across the skin's surface to abrade the .....

C: And what does it do?

B: The ..... to the surface of the skin ....., oxygenation is ..... and dead cell removal is enhanced.

C: What results should I expect?

B: Your skin should ..... and have ..... The results are usually visible .....

C: Would you recommend it to me?

B: Why not? You're ....., ..... and your skin ..... good care.

C: Is microdermabrasion very expensive?

B: Relatively not. And, the expenses are spread over time.

**Listen to the dialogue again and decide whether the statements which follow are true (T) or false (F).**

1. The client has read about microdermabrasion in a newspaper. ...
2. The client's skin shows a lot of unfavourable changes. ...
3. The beauty therapist warns the client that the procedure is long and painful. ...
4. Positive changes are visible after the first treatment but one session is not enough to produce lasting effects. ...
5. The size of the treated area determines the duration of the procedure. ...
6. The procedure involves the removal of dead cells and tissues with the help of microcrystals. ...
7. The procedure improves blood flow and oxygenation in the skin. ...
8. After the procedure the treated skin looks irritated and feels itchy. ...
9. The client's skin could do with the discussed treatment. ...
10. Microabrasion is a very costly procedure. ...